

## **LENT: more than penance**

While the traditional practice of "doing something" for Lent is praiseworthy, there is much more to this wonderful season than just additional practices of piety or acts of penance and mortification.

**In Lent the Church calls us to a change of mind and heart.** It involves taking a look at where we are and trying to see where we ought to be. It involves testing our values and discerning how they stack up against the values that Jesus offers.

Fortunately, this is not something we have to do all by ourselves. God's Word gives us a lot of help in the process, as does the example of our brothers and sisters in the Lord who are engaged, during these weeks, in the same exercise.

**Lent is the season of final preparation for those who will be baptized or make a Profession of Faith at Easter Vigil.** The Church invites its members to pray for these catechumens and candidates, but also to renew their own commitment to the life that began in them when they were baptized and so became members of God's people.

**Lent prepares us for Holy Week and Easter,** those most sacred days in the Church's year when we celebrate the suffering, death and resurrection of Jesus. Scripture readings present questions and challenges to each of us in the context of our own mission as followers of Christ, and in our process of conversion.

**Lent** offers us a special time to reflect on how much God's love means to us and how well we are living up to his law of love. We ask for God's help to thaw our cold, hardened hearts and to fill us with his warm compassionate love. Lent is about conversion, turning our lives more completely over to Christ and his way of life, leaving behind an old way of living and acting in order to embrace new life in Christ.

## *Aids for* **LENT'S JOURNEY**

PRAYER  
To love God

FASTING  
To love self

ALMSGIVING  
(charity/service)  
To love others

*"Turn away from sin and  
be faithful to the gospel..."*



## **Prayer**

by Davi Stuhlsatz

The Companions on the Journey poster and notebook in the gathering space is an invitation to you to pray for those who will be baptized and/or receive First Eucharist or Confirmation this Lent. Stop by and read more.

## **On Ash Wednesday and each Friday of Lent,**

adults and children over the age of 14 abstain from eating meat. Adults 18-59 are obliged to fast on Ash Wednesday and Good Friday. Fasting means taking one full meal and two lesser meals with no snacks in between. Drinking fluids is not contrary to the practice of fasting. Fasting reminds us of the goodness of God, the strength it takes to control our desires, and our unity with the hungry people of the world. **Friday soup suppers and a March 5 Fish Fry at 6 pm (after 5:45 Stations of the Cross) in the Faith Center offer help in abstaining from meat on Fridays of Lent.**

## **Doing Good Together**

by Audrey Ronnfeldt

*What good is it, my brothers,  
if a man claims to have faith  
but has no deeds?" —James 2:14*

*Doing Good Together* is a FREE opportunity for parishioners to

participate in Lenten charity and service, right here in our school gym.

The event will last about 2½ hours, on Wednesday evening, March 24.

A "Free-will offering" meal will begin at 6 pm, and work on eight projects benefiting organizations within our community will begin at 6:30. Do one project or all eight!

Some of our projects include:

- Decorate placemats for Derby Senior Activity Center
- Encourage our Seminarians—write letters to Zach Pinaire and others
- Support the Troops—write thank you cards to soldiers
- Guadalupe Clinic—fill bags with rice & beans
- USD 260—assemble "Whisper Phones" for use by emerging readers
- Project Linus—make no-swe fleece blankets

Everyone can participate in as many projects as they choose. Participants do not need to bring any materials OR any particular skills!

Projects will be set up on individual tables, with a Project Coordinator and supplies needed for that project at the table, as well as additional volunteers to help the night of the event.

This event encourages parishioners to spend time together making a positive difference and moving towards a transformation of heart. It nurtures faith and compassion and strengthens our families, parish and community. It's what we are called to do. And it's fun!

Call Audrey, 788-2843, for more information.

# 2010 LENTEN SCHEDULE

**As we wait and make final preparations for the glorious day of resurrection**, we remember and renew our baptismal faith. We again become part of the dying and rising of Christ our Savior, and warmly welcome new members into the Church.

## February

- 17 Ash Wed 8 AM **Eucharist**, Faith Center—Offertory collection for Center of Hope & parish families in need  
7 PM **Eucharist**, Faith Center—Offertory collection for Center of Hope & parish families in need
- 19 Fri 5:45 PM **Stations of the Cross**, Faith Center • 6 PM **Soup Supper**, Knights Hall
- 21 Sun 9 AM **Eucharist: Rite of Sending**, Faith Center • 2:30 PM **Rite of Election**, Cathedral
- 26 Fri 5:45 PM **Stations of the Cross**, Faith Center • 6 PM **Soup Supper**, Knights Hall

## March

- 5 Fri 5:45 PM **Stations of the Cross**, Faith Center • 6 PM **Fish Fry**, Knights Hall
- 7 Sun 9 AM **Eucharist: Rite of First Scrutiny**, Faith Center  
7:30 PM **Living Stations of the Cross**—led by HS Youth for all, school gym
- 10 Wed 6:15 PM **PSR Stations of the Cross**—led by PSR 6th grade for all, Weekday Chapel
- 12 Fri 5:45 PM **Stations of the Cross**, Faith Center • 6 PM **Soup Supper**, Knights Hall
- 14 Sun 9 AM **Eucharist: Rite of Second Scrutiny**, Faith Center
- 19 Fri 5:45 PM **Stations of the Cross**, FC • 6 PM **Soup Supper**, Knights Hall
- 21 Sun 9 AM **Eucharist: Rite of Third Scrutiny**, Faith Center
- 23 Tue 7 PM **Parish Lenten Reconciliation Service**, Faith Center
- 24 Wed 6 PM Dinner and 6:30 PM **Doing Good Together** Parish Faith in Action event, school gym
- 26 Fri 5:45 PM **Stations of the Cross**, FC • 6 PM **Soup Supper**, Knights Hall

## **HOLY WEEK** (All services at the Faith Center)

### **March 27/28 • PASSION/PALM SUNDAY**

Sat 5 PM **Eucharist** • Sun 9 & 11 AM, 6 PM **Eucharist and Life Night**

### **April 1 • HOLY THURSDAY**

7 PM **Eucharist**

### **April 2 • GOOD FRIDAY**

Noon **Stations of the Cross**

7 PM **Service: Word, Veneration of Cross, Communion**

### **April 3 • EASTER VIGIL**

9 AM **Morning Prayer with the Elect/Candidates**

7 PM **Service: Light, Word, Sacraments of Initiation, Profession of Faith, Liturgy of Eucharist**

### **April 4 • EASTER SUNDAY**

9 & 11 AM **Eucharist** (NO 6 PM Eucharist or LIFE TEEN)



\*Chapel (old church) is at 722 N Derby; Faith Center is at 2300 E Meadowlark; School Gym is at 618 N Derby.